

Long Island Express
Summer Sizzler
July 17 & 18, 2010

Session 1 – Saturday – Ages: 13 & 14 and
11 & 12 - 8:00 a.m.

Session 2 - Saturday - Ages: 10 & Under and
Open – 2:00 p.m.

Session 3 – Sunday – Ages: 11 & 12 and 13 & 14
8:00 a.m.

Session 4 – Sunday – Ages: 10 & U and Open
2:00 p.m.

Be on time and check in immediately with the deck
coach.

Have a great meet
See you at the pool