

Long Island Express
June Jamboree
June 18 - 20, 2010

Session 1 – Friday – 4:00 pm – Events 1 - 16
Ages: 13 & 14 and Open

Session 2 - Saturday – 8:00 am – Events 17 - 30
Ages: 11 & 12 and 13 & 14

Session 3 – Saturday – 1:30 pm – Events 31 & 32
Ages: Open 400 Freestyle

Session 4 – Saturday - 3:00 pm – Events 33 – 46
Ages: 10 & U and Open

Session 5 – Sunday - 8:00 am – Events 47 – 60
Ages: 11 & 12 and 13 & 14

Session 6 – Sunday – 1:30 pm – Events 61 & 62
Ages: Open 400 Individual Medley

Session 7 – Sunday – 3:00 pm – Events 63 - 76

Be on time and check in immediately with the deck coach.

Have a great meet

See you at the pool