

SC METRO JO'S
Nassau Aquatic Center
3/19-21/2010

Fri. prelims events 1 – 24

**(All relays, 11 & 12 400 IM, 13 & 14 boys 1650, and
13 & 14 girls 1000 – TF)**

West Pool: 3/19 – 7:00 a.m. – 11 & 12 girls & 13-14 boys

East Pool: 3/19 – 7:00 a.m. 11 & 12 boys and 13 & 14 girls

Friday: 3/19 – 12:Noon -10 & U and 15–18 TF events 25- 46

Fri. Finals 3/19 – 4:30 p.m. Ages 11 – 14

Sat. prelims events 47 - 72 (All relays TF)

West Pool: 3/20 – 7:00 a.m. 11 & 12 girls & 13 & 14 boys

East Pool: 3/20 – 7:00 a.m. 11 & 12 boys and 13 & 14 girls

Sat. 12:noon 3/20 – 10 & U and 15 – 18 TF events 73 - 96

Sat. Finals 3/20 – 4:30 p.m. Ages 11 – 14

Sunday Prelims: events 97 – 120

(All Relays and 11 & 12 500 Free – TF)

West Pool: 3/21 – 7:00 a.m. 11 & 12 girls and 13 & 14 boys

East Pool: 3/21 – 7:00 a.m. 11 & 12 boys and 13 & 14 girls

Sun. 12:noon.: 3/21 – 10 & U and 15 – 18 TF Events 121 - 138

Sun. Finals 3/21 – 4:30 p.m. Ages 11 – 14