



NYSPHSAA, Inc.

New York State Public
High School Athletic Association

8 Airport Park Boulevard • Latham, N.Y. 12110
Phone: 518.690.0771 • Fax: 518.690.0775

[Forms](#) | [Hall of Fame](#) | [Members Only](#) | [News](#) | [Online Store](#) | [Sponsors](#)

[Administration](#)

[Committee Minutes](#)

[Publications](#)

[Handbook](#)

[Media](#)

[Championships](#)

[Sports](#)

[Classification](#)

[Records](#)

[Sanctioning](#)

[Programs](#)

[Surveys](#)

[Membership & Affiliates](#)

[Safety & Research](#)

Championships

NYSPHSAA Boys Swimming & Diving Championships

March 6-7, 2009
Nassau Aquatic Center Directions
East Meadow, N.Y.

Day	Event	Time
Thursday, March 5	Dive Practice	4-6 p.m.
	Dive Practice	6-8 p.m.
	Swim Practice	6-8 p.m.
Friday, March 6	Swim Warm-ups	10-11:45 a.m.
	Parade of Officials	11:48 a.m.
	Senior Procession	11:56 a.m.
	Swim Preliminaries	12 p.m.
	Dive Practice	12 p.m.
	Dive Preliminaries	3:30 p.m.
Saturday, March 7	Dive Warm-up	9-10 a.m.
	Parade of Diving Officials	9:48 a.m.
	Dive Finals	10 a.m.
	Swim Warm-up & Finals	10:45-11:45 a.m.
	Parade of Swim Officials	11:48 a.m.
	Swim Consolations & Finals	12 p.m.

Qualifying Times

Event	Time
200 Free	1:49.45
200 IM	2:04.75
50 Free	22.57
100 Fly	55.38
100 Free	49.84
500 Free	4:59.19
100 Back	57.02
100 Breast	1:03.42

Relays

200 Medley Relay	1:41.72
200 Free Relay	1:30.69
400 Free Relay	3:21.05

Diving

3 Divers	343.89 *
----------	----------

Fourth diver must be magic 396.75